



Dysphagia-Friendly Root Beer Float





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IDDSI LEVELS  



NUTRITION

Serving Size: 12 fl oz

Calories: 400

Total Fat: 11g

Saturated Fat: 6g

Trans Fat: 0g

Cholesterol: <5mg

Sodium: 180mg

Total Carbs: 66g

Dietary Fiber: 1g

Total Sugars: 57g

Added Sugars: 26g

Protein: 9g

Vitamin D: 0% DV

Calcium: 10% DV

Iron: 15% DV

Potassium: 8% DV

INGREDIENTS

| | 1 SERVINGS | 6 SERVINGS | 12 SERVINGS |
|---------------------------------------------------------------------------------------------------------|-----------------|-------------------|--------------------|
| MAGIC CUP® Frozen Dessert, Vanilla , partially thawed Item: 19850 | 1 4oz container | 6 4oz containers | 12 4oz containers |
| Root Beer | 8 fl oz (1 cup) | 48 fl oz (6 cups) | 96 fl oz (12 cups) |
| THICK & EASY® Clear Food & Beverage Thickener , IDDSI Level 2 (nectar) Item: 25544 | 2 scoops | 12 scoops | 24 scoops |

DIRECTIONS

1. Pour 8 fl oz (1 cup) of root beer into a tall glass.
2. Add **THICK & EASY® Clear Food & Beverage Thickener** and stir until mixture begins to thicken.
3. Add partially thawed Vanilla **MAGIC CUP® Frozen Dessert** to thickened root beer and stir well to combine.

RECIPE NOTES

- Adjust **THICK & EASY® Clear Food & Beverage Thickener** for Level 3 (honey) consistency as needed.
- For a lower calorie version, use diet root beer and **No Sugar Added Vanilla MAGIC CUP® Frozen Dessert**.