

MOTHER'S DAY

Brunch

Dysphagia shouldn't hold you back from having a menu fit for a celebration. Get inspired to create your own delicious and dysphagia-friendly brunch spread with these Mother's Day recipes that meet a variety of IDDSI levels.

CHECK OUT *these Recipes*

Hormel
THICK & EASY

CLICK HERE
FOR *recipe*



**Thickened Strawberry
Lemonade**

IDDSI LEVELS **2** **3**

CLICK HERE
FOR *recipe*



**Pureed Cheesy
Vegetable Dish**

IDDSI LEVELS **5** **6**

CLICK HERE
FOR *recipe*



Strawberry Shortcake

IDDSI LEVELS **4** **5** **6** **7**

CLICK HERE
FOR *recipe*



Thickened Mocha Latte

IDDSI LEVELS **2** **3**

CLICK HERE
FOR *recipe*



**Pureed Broccoli, Cheese
and Egg Dish**

IDDSI LEVELS **4** **5** **6**

CLICK HERE
FOR *recipe*



Ginger Peach Parfait

IDDSI LEVELS **4** **5** **6** **7**

ITEMS TO HELP *your meal plan*

Description	Item #	IDDSI Level	Serving Size	Case Pack
THICK & EASY® HYDROLYTE® Clear Thickened Water - Nectar	23061	2	4 fl oz	24/4 fl oz
THICK & EASY® HYDROLYTE® Clear Thickened Water - Honey	46056	3	4 fl oz	24/4 fl oz
THICK & EASY® Thickened Dairy - Nectar	73625	2	8 fl oz	8/32 fl oz
THICK & EASY® Clear Thickened Coffee Mix - Nectar	81331	2	1 packet	72/5g
THICK & EASY® Clear Thickened Coffee Mix - Honey	81327	3	1 packet	72/5g
THICK & EASY® Texture Modified Bread & Dessert Mix	118519	4 5 6	2 tbsp	12/10.6
THICK & EASY® Bulk Pureed Bacon	78720	4	1/3 cup	6/2.25 lb
THICK & EASY® Bulk Pureed Sausage	78718	4	1/3 cup	6/2.25 lb
THICK & EASY® Bulk Pureed Carrots	34332	4	1/3 cup	6/2 lb
THICK & EASY® Shaped Pureed Mixed Berries	13883	4	each	24/2.5 oz
THICK & EASY® Instant Food & Beverage Thickener 10lb	07941		4.5g	1/10 lb
THICK & EASY® Instant Food & Beverage Thickener Canisters	17938		4.5g	12/8 oz

