



VITAL CUISINE® L-EMENTAL® Orange Dream Pops





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INGREDIENTS

2 Servings

1 (10 g) packet **VITAL CUISINE® L-EMENTAL® Arginine Drink Mix**, Orange Item: 41057

½ cup vanilla ice cream

¼ cup **VITAL CUISINE® Nutritious Juice Drink**, Orange Item: 16784*

*Plain orange juice may be used in place of Nutritious Juice Drink

NUTRITION

Serving Size: 1 ice pop

Calories: 120

Total Fat: 4.5g

Saturated Fat: 2g

Trans Fat: 0g

Cholesterol: 15mg

Sodium: 30mg

Total Carbs: 15g

Dietary Fiber: 0g

Total Sugars: 11g

Added Sugars: 5g

Protein: 2g

Calcium: 4% DV

Iron: 0% DV

Potassium: 0% DV

DIRECTIONS

1. Combine all ingredients in a blender and mix until smooth.
2. Pour into ice pop molds and freeze until solid.
3. Remove from mold and enjoy!

Serving Suggestion: Can also be served as a smoothie. Just pour into a glass and enjoy!